



October 2021

Crocus Co-operative



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Work/ member mtg. @ 9:30am Coffee Group- (Zoom) @ 10:30am	2 Crocus Closed
3 Crocus Closed	4 Chair Aerobics @ 10:30am (Zoom) Crochet Group with Becky @ 1pm	5 Creative Writing @ 10:30am Leaf Centerpieces @ 1pm	6 Meditation @ 10:30am Music Appreciation @ 1pm	7 Walk and Stretch @ 10:30am Extreme Dice Bingo @1pm	8 Work mtg @ 9:30am Self-care- Motivational Calendar @ 10:30am (Zoom) <u>CROCUS CLOSED @ 2pm</u>	9 Crocus Closed
10 Crocus Closed	11 CROCUS CLOSED- STAT HOLIDAY	12 Gambling Awareness- Guest Speaker @ 10:30am Creative Writing @ 1pm	13 Color and Chat @ 10:30am Games- Pass the Ace @ 1pm	14 Chair Yoga @ 10:30am Self-care- Evaluating Support Systems @ 1pm	15 Work mtg @ 9:30am Cooking- Apple Crisp @ 10:30am (Zoom)	16 Crocus Closed
17 Crocus Closed	18 Fitness (Zumba) @ 10:30am (Zoom) Crochet Group with Becky @ 1pm	19 Social Program Meeting @ 10:30am (Zoom & In-person)	20 Men's Group with Dylan & Evan @ 10:30am Creative Writing @ 1pm	21 Chair Tai Chi @ 10:30am Bingo @ 1pm	22 Work mtg @ 9:30am Music Appreciation @ 10:30am (Zoom)	23 Crocus Closed
24/ 31 Crocus Closed	25 Chair Yoga @ 10:30am (Zoom) Crochet Group with Becky @ 1pm	26 Popsicle Stick Scarecrow @ 10:30am Creative Writing @ 1pm	27 Pumpkin Carving @ 10:30am Halloween Movie @ 1pm	28 Smudging @ 10am Self-care- Affirmations, Self Esteem & Confi- dence @ 1pm	29 Work mtg @ 9:30am Goal Planning Accountability @ 10:30am (Zoom) Halloween Party @ 1:00pm	30

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