



# october 2023

## CROCUS COOPERATIVE



SUN	MON	TUE	WED	THU	FRI	SAT
1 CROCUS CLOSED	2 CROCUS CLOSED <i>Truth &amp; Reconciliation Observance</i>	3 DIY: Stress Reliever @10:30 Coffee & Current Events @ 1:15pm	4 Fall Walk @10:30am  Painting @1:15pm	5 Chair Kickboxing @ 10:30am Creative Writing @1:15pm	6 Members/Work meeting @9:30 Games @10:30 Movie @1:15pm Crocus Closed @3pm	7 CROCUS CLOSED
8 CROCUS CLOSED	9 CROCUS CLOSED <i>Thanksgiving</i>	10 Tell it like it is pt.1 @ 10:30 Music Appreciation @ 1:15pm	11 Self-Care Activity @10:30  Crafts: fall Wreaths @1:15pm	12 Chair Yoga @ 10:30am  Craft Show Prep @1:15pm	13 Members/Work meeting @9:30 Games @10:30 Corn Maze	14 CROCUS CLOSED
15 CROCUS CLOSED	16 Chair Pilates @ 10:30am Tell it like it is pt.2 @ 1:15pm	17 Blood Pressure Clinic @ 10:30am Meditation @1:15pm	18 Wanuskewin @ 10:30am  Craft Show Prep @1:15pm	19 Chair Kickboxing @ 10:30am  BINGO @1:15pm	20 Members/Work meeting @9:30 Games @10:30 Documentary @1:15pm	21 CROCUS CLOSED
22 CROCUS CLOSED	23 Chair Yoga @ 10:30am Music Appreciation @ 1:15pm	24 Social Program Meeting @10:30am Tell it like it is pt.3 @ 1:15pm	25 Self-Care Activity @10:30 Pumpkin Carving @1:15pm <i>Sign up</i>	26 Chair Pilates @ 10:30am Creative Writing @1:15pm	27 Members/Work meeting @9:30 Games @10:30 Movie - Thriller @1:15pm	28 CROCUS CLOSED
29 CROCUS CLOSED	30 Chair Kickboxing @ 10:30am Goal Planning & Accountability @ 1:15pm	31 Tell it like it is pt.4 @ 1:15pm Halloween Party! @1:15pm				